

“I Know It Seems Counterintuitive, But...”: Dentists Are Sharing The Most Common Mistakes They See Patients Make

23. And finally, "If you take a GLP-1 medication, tell your dentist. Ozempic teeth is more than just a media term. Medications such as Ozempic, Wegovy, Mounjaro, or Zepbound can potentially directly damage teeth or cause tooth loss. The concern is primarily about possible indirect effects. Dry mouth or reduced fluid intake can mean less protective saliva, while reflux, nausea, and vomiting can repeatedly expose enamel to acid. Altered taste and bad breath are also unwanted side effects."

—Dr. Gary Glassman