

Demi Moore Blames Stress For Loss Of 2 Front Teeth

BY CATHERINE ARMECIN ON 06/15/17 AT 5:39 AM

Demi Moore made a surprising revelation when she appeared on “The Tonight Show.” The “Louie Louie” singer admitted that she lost her two front teeth and blamed stress for it.

On Monday, Moore, 54, told host Jimmy Fallon that prior to appearing on his show, she sheared two of her teeth. “I sheared off my front tooth. But, in an effort to get ready for you, I wanted to make sure my teeth were in,” said the “Rough Night” star, Page Six reported. “I’d love to say it was skateboarding or something really kind of cool, but I think it’s something that’s important to share because I think it’s literally, probably after heart disease, one of the biggest killers in America, which is stress.”

Moore explained that the loss of her two front teeth did not happen all at once, and it took a year before the second tooth fell off. The singer also thanked modern dentistry for repairing her teeth because otherwise, she would not be smiling when she steps on the red carpet anymore.

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However, Dr. Gary Glassman, a dentist specializing in endodontics, suspected that stress was not the only cause. He pointed out that stress could cause bruxism or teeth grinding. This habit can weaken the teeth due to friction. Stress can also affect one’s oral health. When too anxious, one tends to forget to brush their teeth, floss and get regular dental checkups.

Dr. Marc Lowenberg, a partner of Lowenberg, Lituchy and Kantor Cosmetic Dentistry in New York City, has the same opinion as to why she lost two of her teeth. He told People that stress can contribute to losing a tooth, but it’s not the sole cause. “Stress is very obvious in most people’s teeth,” Lowenberg said. “You can actually see how they grind their teeth and how

they're worn down, and many people who live with stress have to have a guard made to protect their teeth."

The dentist added that even if one is under a lot of stress, healthy middle-aged people should not worry about their teeth falling out because they are very strong. "Your teeth are very strong and the bone that supports them is very strong, and you really have to be incredibly abusive for many years to end up losing them," he explained.

Amid the loss of her two teeth, Moore said her family has been very supportive. In fact, her three daughters, Rumer, 28, Scout, 25, and Tallulah, 23, love to see her gap at home. "They love seeing me without my teeth. Because they think it makes me look more vulnerable and more human," said Moore, as quoted by [Fox](#).

Do you agree that stress is to blame for Moore's missing teeth? Drop a comment below.



Demi Moore blames stress for the loss of her teeth. Pictured: Actress attends New York Premiere of Sony's ROUGH NIGHT presented by SVEDKA Vodka at AMC Lincoln Square Theater on June 12, 2017. Photo: Getty Images/Jamie

McCarthy

